

## **Meredith Martin - Past Life Psychic**

### **Foreword:**

**It is always my intent to do, say and act upon that which is in everyone's highest interest. I will always strive to work from a place of love & light while walking the middle path. I intend to hold your energy and well being with the utmost respect, compassion & understanding.**

Welcome! I am eager to start our process together, and to make things work smoothly and decrease any worries or concerns you have about the process, I have created this detailed document on what to expect.

### **Room Environment**

For the duration of each session, I ask that you are in a private space with little to no distractions. This includes but is not limited to children, pets &/or loud noises. This is both for my focus and for your experience.

### **Sessions**

What happens in a session is entirely reliant upon you and what you need at the moment. This includes but is not limited to:

- The Past Life Memory Recall Process
- Angelic Energy Healing
- Guided Meditations
- Grounding Exercises
- Inner Child Exercises

Throughout your session, I may intuitively feel drawn to ask questions on a variety of topics. This could include your family experiences, your relationships, significant events, or challenges that you have encountered. These topics may feel unrelated; however, I ask them to draw connections between what's happening in your life currently to what may have happened in a past life.

Know it is within your right to answer or not answer anything within a session. I respect you. Therefore if at any point you feel triggered, unsafe or simply uncomfortable, please tell me and I will work with you to resolve the situation.

### **Refund policy**

#### For single sessions:

I will refund 100% of the session if canceled within 24 hours of the start of the scheduled session time. After that, no refunds will be given.

#### For 4 session package:

I will refund 100% of the session package if canceled within 24 hours of the start of the first scheduled session. After we have completed the 1st session, no refunds will be given for the remaining 3 sessions, even if you decide you do not wish to partake in the remaining sessions.

### **Cancellation Policy**

All sessions will be confirmed 24 hours in advance. If you need to reschedule, please do so prior to 24 hours before your session by emailing me at [mdmartin0326@gmail.com](mailto:mdmartin0326@gmail.com).

If you have to cancel after the 24-hour confirmation is sent, you will be responsible for the cost of the session. Cancellation can be due to: illness, injury, traffic, etc. If you are running late, I ask that you call or text my number so that I know to wait for your session. If I do not hear from you after 15 minutes into our scheduled time, then the session will be documented as a no-show and the session will be canceled.

In the event of internet connectivity issues or poor phone reception, please check your email as we may have to reschedule the session for a different date.

### **No-show policy**

In the event you have 2 consecutive no-show sessions, we will no longer be working together. I will attempt to help & support you identify any issues or logistics, if possible. If there is no communication with you after two attempts to contact you, no refunds will be given because I cannot continue to work with individuals who consistently don't show up for scheduled sessions.

### **Limitation of Sessions**

These one on one sessions are limited in nature because I am not a licensed health care provider. Therefore, I cannot provide crisis-response services. If you are experiencing suicidal ideations, or other urgent mental health needs you should contact 911, REAL crisis 1-800-273-TALK or 1-800-SUICIDE, or a Mobile Crisis agency within your local area. If you are experiencing some anxiety provoking or otherwise uncomfortable situations within your life, I encourage & support you to seek out the necessary medical and/or mental health care professionals to help you in your crisis. I will work with you to help link you with helpful resources or providers if this need arises.

Your safety is my #1 priority. Therefore if I suspect, or have knowledge of any physical abuse, substance abuse, or sexual abuse that is currently happening to you in your present life, then I will provide any helpful services or resources to ensure your safety. I encourage & support you to seek out the necessary medical and/or mental health care professionals to help you because I am not a licensed healthcare professional.

### **Social Media**

Out of respect for your confidentiality, I will not view your personal social media account(s). I will also not add you to my personal social media accounts.